



## **TRAINING SCHEDULE for SAVVY CAREGIVER PROGRAM (SCP-1)**

**December 2011 – August 31, 2013**

**Updated May 22, 2012**



SAVVY CAREGIVER PROGRAM Training, sponsored by the Office of Elder Services, Department of Health and Human Services and funded by the Administration on Aging, provides family caregivers of people with dementia the knowledge, skills and attitude essential for successful caregiving. Participation in the 12-hour training that is provided in 6 sessions includes participation in a research project to evaluate the effectiveness of this program. You will be asked to complete surveys. For more information, contact Kathryn Pears (207) 287-6640 or at Kathryn.Pears@maine.gov.

	<b>TRAINING SITES and CONTACT INFORMATION</b>	<b>TRAINING DATES and TIMES</b>
<b>A.</b>	<b>Southern Maine (York &amp; Cumberland County)</b>	
<b>1.</b>	Southern Maine Agency on Aging 136 U.S. Route 1 <b>Scarborough, ME</b> 04074 Trainer: Ann O'Sullivan Contact: Ann O'Sullivan 1-800-427-7411 x541	July 12, 19, 26 and August 2, 9 & 16, 2012 (Thursdays) 9:30 a.m. – 11:30 a.m.
<b>2.</b>	Southern Maine Agency on Aging 136 U.S. Route 1 <b>Scarborough, ME</b> 04074 Trainer: Ann O'Sullivan Contact: Ann O'Sullivan 1-800-427-7411 x541	August 7, 14, 21, 28 and August 4 & 11, 2012 (Tuesdays) 5:15 pm – 7:15 pm
<b>B.</b>	<b>Central Maine (Sagadahoc, Knox, Waldo, Lincoln, Kennebec, &amp; Somerset County)</b>	
<b>1.</b>	Waldo County General Hospital – Education Building 118 Northport Avenue <b>Belfast, ME</b> 04915 Trainer: Ashley Hoffman Contact Ashley @ 1-800-282-0764, ext 127 or 338-1190.	June 15, 22, 29 and July 12, 19 and 26, 2012 (Fridays) 1:00 – 3:00 pm
<b>2.</b>	Knox Community Center 61 Park Street <b>Rockland Area, ME</b> 04841 Trainer: Ashley Hoffman Contact Ashley @ 1-800-282-0764, ext 127 or 338-1190.	June 21, 28 and July 12, 19, 26 and August 2, 2012 (Thursdays) 1:00 pm – 3:00 pm
<b>3.</b>	Spectrum Generations Coastal Community Center 521 Main Street <b>Damariscotta, ME</b> 04543 Trainer: Liz Crawford Contact: 1-800-282-0764, ext 139	July 9, 16, 23, 30 and August 6 and 13, 2012 (Mondays) 1:00 – 3:00 pm
<b>C.</b>	<b>Eastern Maine (Penobscot, Piscataquis, Hancock &amp; Washington County)</b>	
<b>1.</b>	Eastport Health Care 30 Boynton Street <b>Eastport, Maine</b> (Washington) Trainer: Lisa King Contact: Karen Grass, EAAA 1-800-432-7812	June 13, 20, 27 and July 11, 18 & 25, 2012 (Wednesday)

Revised: 5/30/2012 1:57 PM

<b>D.</b>	<b>Western Maine (Androscoggin, Franklin &amp; Oxford County)</b>	
	Currently planning day and evening classes in Lewiston/Auburn and Jay. Please contact Kathryn Pears at 751-8183 or via email at <a href="mailto:dementiacare@zwi.net">dementiacare@zwi.net</a> for more information.	
<b>E.</b>	<b>Northern Maine (Aroostook County)</b>	
<b>1.</b>	Northern Maine Medical Center Acadia School 460 Main Street <b>Madawaska</b> , ME 04756 Contact: Sharon Ann Berz 764-3396 Trainer: Charlie Stewart	July 16, 23, 30 and August 6, 13 & 20, 2012 (Mondays) 11:00 am – 1:00 pm
<b>2.</b>	Place TBD <b>Sherman</b> , ME 04776	July 16, 23, 30 and August 6, 13 & 20, 2012 (Mondays) 10:00 am – 12:00 noon
<b>3.</b>	University of Maine at Presque Isle 181 Main Street <b>Presque Isle</b> , ME 04769 Contact: Sharon Ann Berz 764-3396 Trainer: Katie Burby/Sharon Berz	July 2, 9, 16, 23, 30 and August 6, 2012 (Mondays) 11:00 am – 1:00 pm
<b>4.</b>	Fort Fairfield Public Library 339 Main Street <b>Fort Fairfield</b> , ME 04742 Contact: Sharon Ann Berz 764-3396 Trainer: Jerry Murchison	July 21, 28 and August 4, 11, 18 & 25, 2012 (Saturdays) 10:00 am – 12:00 noon